

the VOICE

FOR ALL SEASONS' NEWSLETTER

July 2019 Edition

From the Executive Director



Summer is here! The heat and humidity have descended on the Mid Shore. Although things may have slowed down with summer vacations and school being in recess, For All Seasons staff have been busy readying themselves for fall and the flurry of activity that it brings – striving for excellence through their continual learning and education.

In June, I accompanied Lesa Lee, For All Seasons Clinical Director, to soak up “all things Brené” in San Antonio Texas, completing Brené Brown’s Dare to Lead™ facilitator certification. Brown, a research professor at the University of

Houston has spent the past two decades studying courage, vulnerability, shame, and empathy and is the author of five #1 New York Times bestsellers. According to Brown, “Leadership is not about titles or the corner office. It’s about the willingness to step up, put yourself out there, and lean into courage.”

We had to get down and dirty with the **Heart of Daring Leadership**... finding a space to rumble with vulnerability, live into our values, brave trust, and learn to rise. The Heart of Daring Leadership means we are open to a collaboration that is based on trust, a foundation of knowing we have one another’s back and that no matter what, we will find a solution – together. Sometimes, it requires us to dig deep, take a seat as we listen to others, all while providing the space for ourselves and others to have courageous conversations.

As we begin a new fiscal year at For All Seasons, it is an exciting time for rejuvenation and for professional growth. In the fall, we will open new offices in Easton and Stevensville. We also look forward to serving our clients in new and exciting ways!

We hope you can enjoy the waning days of summer with relaxation and special times with family and friends!

Beth Anne Langrell
Executive Director

Healthy Masculinity Project

When Don McPherson,
former Philadelphia Eagles
quarterback, came to
Easton to speak in

November 2018, people in the audience engaged in the topic of gender-based violence like never before. The presentation, titled “You Throw Like a Girl: A Conversation to End Sexual Violence,” encouraged those in attendance to get comfortable with an uncomfortable conversation. As a result, Don is now working with Beth Anne Langrell, Executive Director of For All Seasons to create a dialogue across the Mid Shore regarding the culture of unhealthy masculinity at the core of all forms of men’s violence against women.

Don observed, “When I was here in November, I saw the willingness for the community to have that conversation. Beth Anne and I were on the same wavelength on how to make that happen.”



For more than 34 years, Don has used the power and appeal of sports to address complex social justice issues. He has created innovative programs, supported community service providers and has provided educational seminars and lectures throughout North America addressing men’s violence against women.

According to Don, the #MeToo movement presents a seminal moment in American culture that requires a collective community response commensurate with the overwhelming and pervasive nature of gender-based violence. He wants to engage boys and men in the prevention of men’s violence against women by creating a cutting edge, community-wide and gender transformative approach that meets the broad challenges posed by the #MeToo movement.

He states, “Beth Anne’s leadership has created an ideal environment for a comprehensive community initiative to be successful.” This was evident in the response to Don’s November visit. He adds, “Remedies must be sustainable and replicable; engaging communities and individuals previously left out of the discussion to promote healthy relationships and proactively engage boys and men.”

[READ MORE](#)

Pictured left to right are Gerson Martinez, Executive Director of Talbot Mentors, with Don McPherson, a consultant who is working with Beth Anne Langrell, Executive Director of For All Seasons to create a dialogue across the Mid Shore to address the culture of unhealthy masculinity at the core of all forms of men’s violence against women.

Rape Crisis Advocates Complete Training

Congratulations to our Rape Crisis



Advocates who recently completed 32 hours of Advocacy Training through the Maryland Collalition Against Sexual Assault.

The MCASA training covered a vast array of topics which will enable our advocates to meet the needs of individuals from a multitude of backgrounds including the LGBTQ+ community, military service members, survivors of human trafficking, and those affected by incarceration.

Royshonda and Melissa, we are proud of your hard work!

Save the Dates!

- **Sun., August 18**, 2pm - 5pm For All Seasons is hosting it's Inaugural **Block Party**. See flyer below!
- **Thurs., September 19**, 6:30pm - 8pm Channel Marker offering a free presentation by storyteller Kevin Hines. In 2000, Hines attempted to take his life by jumping off the Golden Gate Bridge. He shares a story of hope, awareness and support. #beheretomorrow
- **Fri., October 4**, Evening kick off event at the Bartlett Pear to celebrate our Suicide Prevention Campaign - **No Matter What... You Matter**

A flyer for a presentation by Kevin Hines on September 19, 2019. The flyer features a large date '09.19.19' at the top. Below the date, it says 'Kevin Hines' in large letters, followed by 'SURVIVOR • STORYTELLER • FILMAKER'. The text describes his story: 'People Magazine - Man Who Survived Suicide Jump From Golden Gate Bridge Shares His Story to Help Others'. There is a small photo of a person standing on a rock with the Golden Gate Bridge in the background. The flyer also includes the Channel Marker logo and the text 'PRESENTED BY CHANNEL MARKER MENTAL HEALTH AND WELLNESS SUPPORT'. Hashtags #HOPEHELPSHEAL, #BEHERETOMORROW, and #STORYTELLINGSAVESLIVES are also present.

HOSTED BY:

for all seasons
Behavioral Health & Rape Crisis Center
Restoring Lives. Transforming Communities.

Come meet your neighbors!

Neighborhood Block Party!

For All Seasons is offering a FREE family event including picnic-style refreshments, games, DJ, bounce house, community resources, and much more!

Sun., August 18 - 2pm-5pm

Rain Date - Aug. 25, 2pm - 5pm

Parking Lot at 300 Talbot St. Easton, MD
(at the corner of Higgins and Talbot)



Clinicians Jump into Theraplay



In June, For All Seasons clinicians completed their specialized training in the Theraplay model. Over the course of a week, therapists focused on the four Theraplay principles - structure, engagement, challenge and nurture. The team is enthusiastic about sharing these principles and strategies with their clients - especially the younger ones!

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