



**Main Office:** 300 Talbot St., **Easton**, MD  
114 Market St. #205–207, **Denton**, MD  
516 Washington St., **Chestertown**, MD  
208 Cedar St., **Cambridge**, MD  
206 Del Rhodes St. #203, **Queenstown**, MD

410-822-1018  
[forallseasonsinc.org](http://forallseasonsinc.org)

**For the English Hotline:**  
410-820-5600 or 800-310-7273

**Para Español llame o envíe un mensaje de texto al:**  
410-829-6143

*for all seasons*  
Behavioral Health & Rape Crisis Center  
*Restoring Lives. Transforming Communities.*

For All Seasons employs Psychiatrists (MD), Nurse Practitioners (NP), Psychiatric Nurses (RN-P), Trauma-Certified Licensed Social Workers, Counselors and Rape Crisis Advocates.

For All Seasons, Inc. is a 501(c)3 nonprofit organization. All contributions are tax deductible to the full extent of the law.

Funding provided by the Governor's Office on Crime Control and Prevention.



*Help, Hope,  
Healing*



## BEHAVIORAL HEALTH AND RAPE CRISIS CENTER

*Empowering and nurturing individuals  
and families across the Mid Shore on their  
journey to wellness.*

- Trauma-Certified Individual, Family and Group Therapy
- Adult, Child and Adolescent Psychiatry
- Crisis and Advocacy Services for Adult, Child and Adolescent Victims of Sexual Assault, Rape and Trauma

*For All Seasons is here to help.  
Trauma-Certified Therapy and Advocacy  
Convenient Hours, Affordable Care*

*for all seasons*  
Behavioral Health & Rape Crisis Center  
*Restoring Lives. Transforming Communities.*

Providing Help, Hope & Healing for More Than 30 Years

## SIGNS YOU (or a loved one) MAY NEED HELP

- Significant Life Transitions
- Feeling Overwhelmed
- Extreme Sadness or Grief
- Sleeping Too Little or Too Much
- Anger or Anxiety
- Difficulty Coping
- Depression
- Hopelessness
- Drug or Alcohol Use
- Thoughts of Suicide
- Weight Gain or Loss
- Post-Traumatic Stress

# Help, Hope, Healing

For more than 30 years, For All Seasons has transformed communities on the Mid-Shore by restoring the lives of children, adolescents, adults, seniors, couples and families.

We provide a full continuum of bilingual (English-Spanish) outpatient behavioral health and rape crisis services without regard to anyone's ability to pay. We offer the highest level of comprehensive, integrated therapy and psychiatric care in a safe and nurturing environment.

**NEED HELP? WANT MORE INFO? CALL 410-822-1018**

## SERVICES

- Individual, Family and Group Therapy
- General, Child and Adolescent Psychiatry
- Marriage and Couples Counseling
- Grief Counseling
- School-Based Mental Health Therapy
- Urgent Care Services
- Rape Crisis Response—  
**Our Rape Crisis Line answers your call  
24 hours a day, 7 days a week**
- Rape Crisis Counseling and Support
- 24-Hour English and Spanish Hotlines
- Education and Outreach Programming



For All Seasons employs Psychiatrists (MD) and Trauma-Certified Licensed Graduate Social Workers (LGSW), Licensed Clinical Social Workers (LCSW-C), and Rape Crisis Responders.