



Emily

Emily is a 7-year old first grader.

Emily's mother confided in the school's guidance counselor concerns about Emily's level of anxiety about testing and school performance. She was referred by her guidance counselor to the School-Based Mental Health Program at her elementary school. Emily's parents were thrilled to learn that they could access the therapist easily and that there would be little to no interruption in Emily's school day when she received services.

Together, the therapist, the family, the student, the teacher, and guidance counselor developed coping skills for her anxiety. Emily met her treatment goals and continues therapy to develop her tool kit to help her realize her potential in school.

for all seasons
Behavioral Health & Rape Crisis Center
Restoring Lives. Transforming Communities.

Providing Help, Hope & Healing for More Than 30 Years

SCHOOL-BASED MENTAL HEALTH SERVICES OFFER:

- Convenient confidential onsite therapeutic services in the schools with access to office-based psychiatrists
- Support Groups to help with social skills and peer interactions
- Parental involvement, including family therapy services
- Therapist's attendance at IEP, 504, and SST meetings
- A team approach in providing services to the child (therapists, teachers and administrators)
- Crisis intervention
- Referrals for community services
- A continuation of services through the summer
- Education and Outreach Programming

**NEED HELP? WANT MORE INFO?
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For the English Hotline:

410-820-5600 or 800-310-7273

Para Español llame o envíe un mensaje de texto al:

410-829-6143

For All Seasons employs Psychiatrists (MD), Nurse Practitioners (NP), Psychiatric Nurses (RN-P), Trauma–Certified Licensed Social Workers, Counselors and Rape Crisis Advocates.

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Funding provided by the Governor's Office on Crime Control and Prevention.

